

JUMP INTO SUMMER!



the *Fresh Air* fund
Friendly Towns Program

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Children visit Friendly Towns in rural, suburban, and small-town communities along the East Coast and Southern Canada:



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FRIENDLY TOWNS

Each summer, thousands of NYC children are matched with host families for seven- to 10-day visits. Children are encouraged to explore life in a different community, visit local sites, take a break from technology, learn to swim (or practice their swimming skills), breathe in the fresh air, and make new friends.

The Fresh Air Fund provides 24/7 support from social workers during a child's visit.

As part of a rigorous screening process, every host family has a home visit, interview, three references, and background checks.

The Fresh Air Fund provides transportation to and from Friendly Towns, on scheduled buses.

NEW APPLICANTS: 7 – 13 year old girls and boys



HOW HOST FAMILIES ARE SCREENED

As part of a rigorous screening process, every host family has a home visit, interview, three references, and background checks.



PHONE SCREENING & APPLICATION

All families complete an application and phone conversation with a trained local volunteer.



HOME VISIT & HOUSE INSPECTION

Next, we visit each home to make sure that it is a safe and kid-friendly environment.



INTERVIEW THE HOUSEHOLD

Everyone living in the home during your child's visit is interviewed in-person. (Including pets!)



CONTACT 3 REFERENCES

Families provide 3 references. 1 must be from a professional who has worked with children.



BACKGROUND CHECKS

Finally, we run a background check on all household members. (18 years or older.)



HOW TO APPLY

Please call 1-800-367-0003 if you have questions or need help completing the application. We are here to help!

→ Online:

child.freshair.org

This is the quickest way to submit your child's application.

→ With a Community Partner:

www.FreshAir.org/find-an-agency
(to find an agency near you)

→ In person/by mail:

The Fresh Air Fund
633 Third Avenue, 14th Floor
New York, NY 10017
Attn: Community Outreach
M - F 10 am - 6 pm

We encourage you to apply as soon as possible.
Spaces fill up quickly!

MAINE



Did you know...
Maine has 67 lighthouses?

Maine is full of beautiful scenery and exciting outdoor adventures, from hiking in Acadia National Park to whale watching in Boothbay Harbor!

“The Fresh Air Fund is good at communicating and making everything really easy. After having new experiences and seeing different places, I hope my son can see what he might like to do.”

- Veenita Prasad, whose son Sameer, 15, has been visiting the Sweeney family in York, ME for six summers

NEW HAMPSHIRE



Did you know...
New Hampshire's state fruit is the pumpkin?

Whether you enjoy swimming, kayaking, or amazing mountain views, New Hampshire has plenty of ways to have fun in the summer!

“The Fresh Air Fund had such an impact on my life and every summer that I see my son so excited for his visit, I am happy that he gets to experience a different lifestyle just like I did.”

- Mylinda Lee, Fresh Air alum, whose son D'Andre, 15, has been visiting the Noyer family in Newbury, NH for seven summers



VERMONT



Did you know...

Vermont is the largest producer of maple syrup in the US?

In Vermont, you can experience everything from breathtaking mountains to miles of scenic bike trails and even the Ben & Jerry's factory!

MASSACHUSETTS



Massachusetts is full of fun and history, from the Basketball Hall of Fame to Boston's Freedom Trail.

Did you know...
Basketball was invented in Springfield, Massachusetts in 1891?

My favorite things are going to baseball games and paddleboarding. I made new friends with the neighbors too and I'm excited to see them again. Everywhere you go, there are cows and trees.

- Shiqi, 13, of Brooklyn, has visited the Maloney family in South Burlington, VT for three summers

My favorite part is going to Cape Cod, swimming at the beach, and playing with their dogs!

- Sadie, 9, of Brooklyn, has visited the Pantelides-Sola family in Wellesley, MA for three summers



RHODE ISLAND

Rhode Island is known for its fresh seafood and historical sites!

Did you know...

Rhode Island is the smallest state in the US?

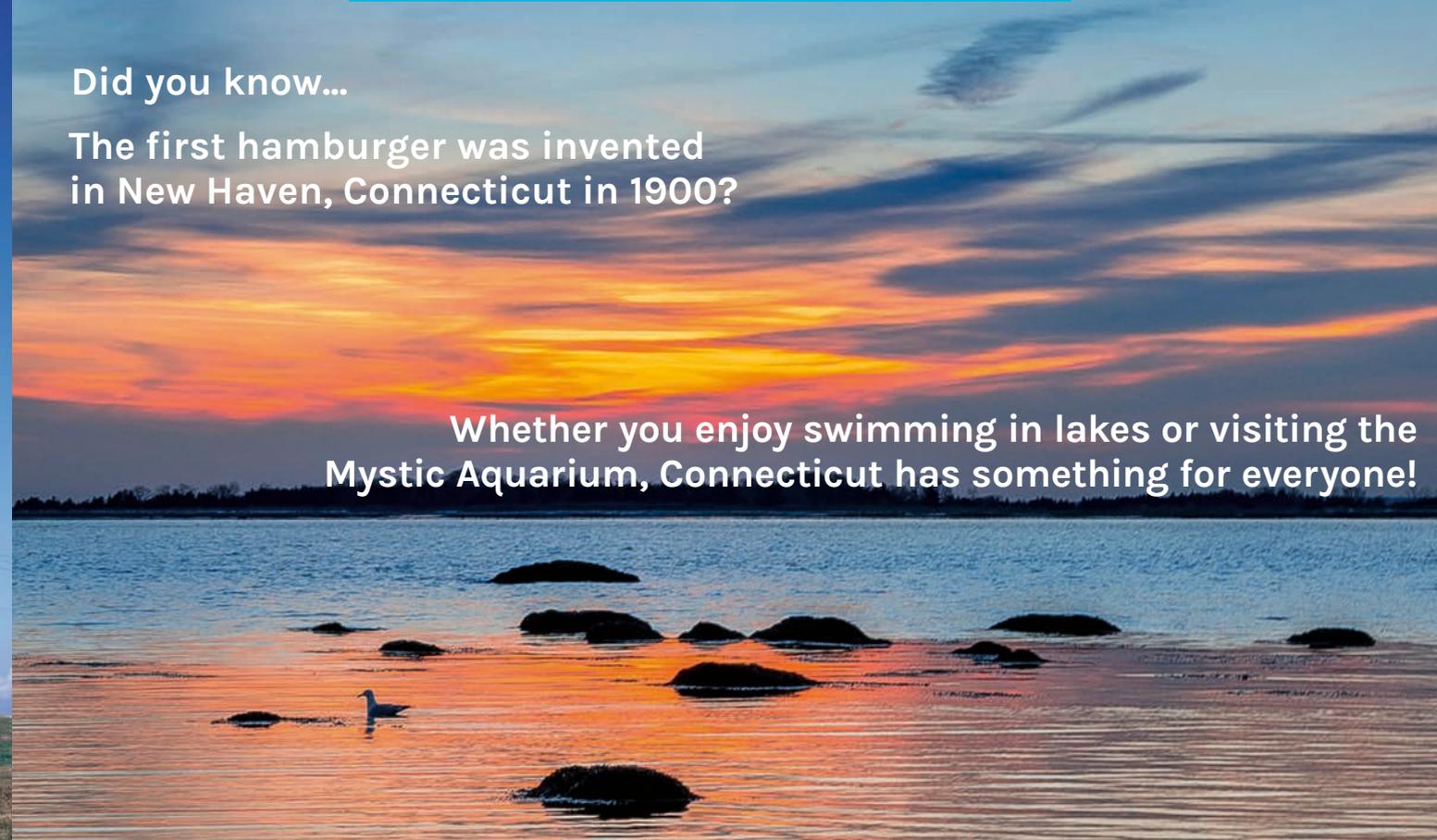


CONNECTICUT

Did you know...

The first hamburger was invented in New Haven, Connecticut in 1900?

Whether you enjoy swimming in lakes or visiting the Mystic Aquarium, Connecticut has something for everyone!

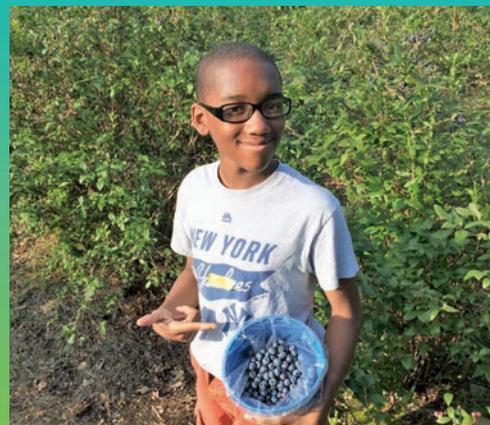


“Evan had a lot of positive things to say about Friendly Towns – he enjoyed swimming and did a bunch of new things and went to new places. He came home really excited about his experiences.”

– Jason Fortune, whose son Evan, 12, spent his first summer with the Dvorchak family in Cranston, RI

“Lamar had so many new experiences – like swimming and fishing. He’s learned to deal with challenges in a positive way. Getting my son out of his comfort zone is the best thing I could have done.”

– Louise Bell, whose son Lamar, 18, has been visiting the Byam family in Tolland, CT for 10 summers



NEW YORK

Did you know...
New York State
has over 70,000
miles of rivers
and streams?

From the National Baseball Hall of Fame to county fairs, going to the beach, and hiking, New York is full of summer fun!

My favorite things to do with my host family are canoeing on the lake and making pizza!

- Danae, 12, of Queens, spent his second summer with the Valtin family in Rochester, NY

NEW JERSEY

Did you know...
Atlantic City, New Jersey has the
longest boardwalk in the world?

From beaches to boardwalks on the shore to mountains and waterfalls up north, New Jersey has attractions that are sure to keep everyone entertained!

My favorite part of the summer is playing sports in the backyard. We play a lot of different games and I love to run around with their dogs!

- Thailyn, 8, of Staten Island, spent his second summer with the Lawtons in Basking Ridge, NJ



PENNSYLVANIA

Did you know...
Pennsylvania's state insect is the firefly?

Pennsylvania is full of fun outdoor adventures from stargazing to waterfalls to Hershey's Amusement Park and has 121 state parks!

DELAWARE

Did you know...
Delaware's official dessert is peach pie?

Delaware has beautiful beaches, board walks, and water parks!

“Caiis met new people and gained more confidence. His host mom taught him to swim and now he’s on a swim team here in NYC.”

- Cieatha Abrams-Thompson, whose son Caiis, 14, has been visiting the Petrides family in Dover, PA for nine summers

“I love going to amusement parks, playing sports, and swimming with my host family. I've learned I can make friends anywhere.”

- Michel, 11, of Brooklyn, spent his third summer with the Sullivan-MacPhee family in Rehoboth Beach, DE



MARYLAND

Did you know...
Maryland is known for having some of
the best crabs and seafood in the US?

Maryland offers scenic beaches, museums, and
amusement parks that are sure to please all ages!



VIRGINIA

Did you know...
Virginia has 42 islands?

In Virginia, experience thrilling theme parks and waterparks
as well as historical sites and beautiful scenery!



“I'm encouraged to try new things. It's made me more confident.”

- Deveah, 12, of the Bronx, spent her seventh summer
with the Burkhart-Dominick family in Mount Savage, MD

“I am excited to see my host family's goats and to go swimming in the lake.”

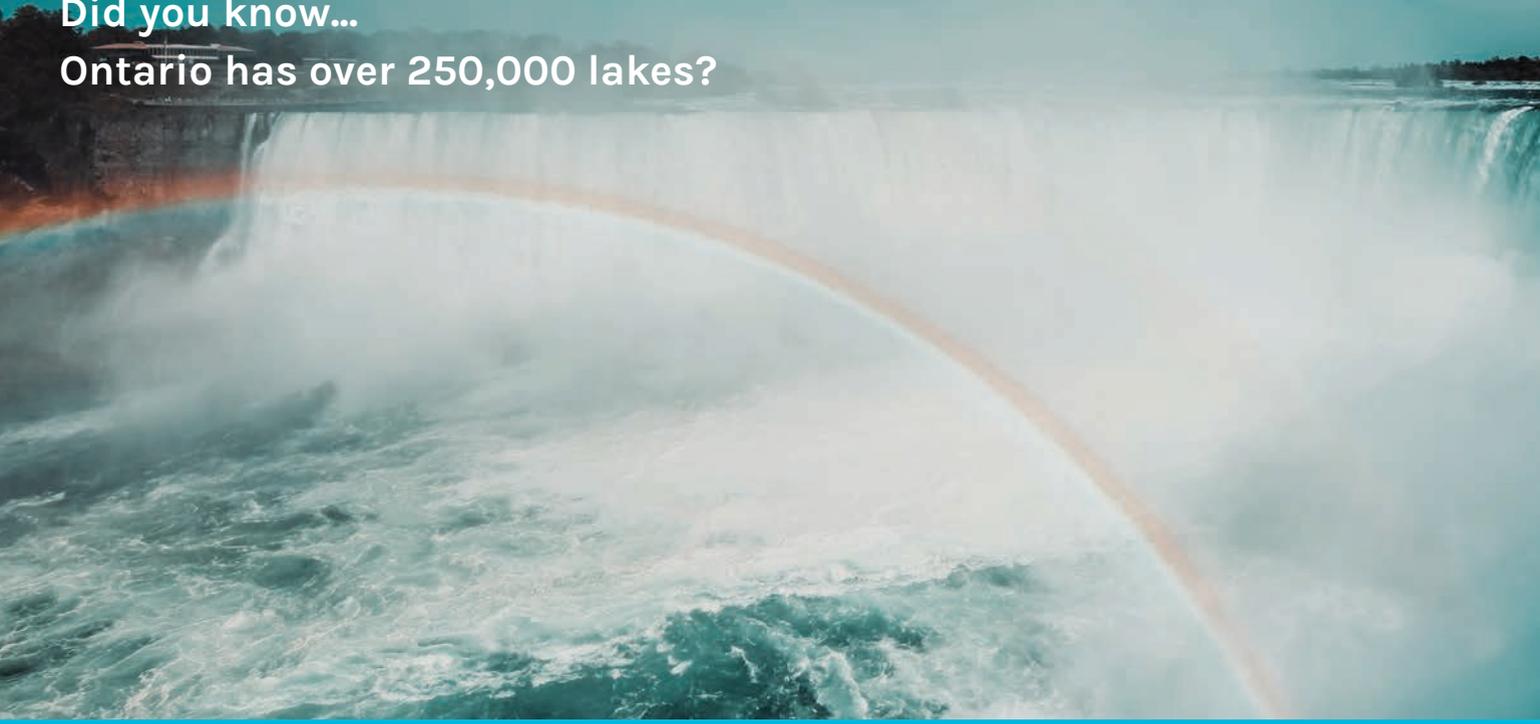
- Aeva, 12, of Manhattan, spent her third summer
with the Henry family in Barboursville, VA



CANADA

Ontario is full of exciting experiences,
from the CN Tower in the heart of
Toronto to the wonders of Niagara Falls!

Did you know...
Ontario has over 250,000 lakes?



“It’s a great opportunity to get out of the city, meet new people, and
experience new things.”

– Diane Velez, whose daughter Richanie, 13, has visited the
Kuzmich-Park family in Caistor Centre, ON for four summers



ARE YOU READY TO JUMP INTO SUMMER?
FreshAir.org | 800-367-0003



the *Fresh Air* fund
because a summer can last a lifetime™

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